



## **MANTREAT 2020 FAQ'S**

### **WHAT IS MANTREAT AND WHERE DOES IT TAKE PLACE?**

Mantreat is a yearly event for all of our middle and high school MEN at Lakewood (friends are welcome too). Our focus is to help young men see a picture of biblical manhood through times of worship, small groups and just being outside in the beauty of God's creation. We also have breakout options for students to learn important life skills. Mantreat takes place at our Retreat Center in Cleveland: [The Retreat at Long Mountain](#). Students sleep outside on the Retreat Center property in tents or hammocks. Registration costs covers: meals, breakouts, Bible study materials and a t-shirt.

### **WHAT ARE THE BREAKOUTS AND ARE THEY SAFE?**

Students can choose from breakout options including: Archery, Art of Knives, Construction, Fishing, Rifles, Survival 101, SWAT Lasers and Wood Splitting. These breakouts are led by men we know and trust at Lakewood, many of whom are fathers of students attending. The safety of every student is very important to us and we spend time going over all safety guidelines specific to each breakout. Some breakouts (such as rifles) have a 1:1 ratio of leaders to students. On the registration form, parents can indicate which breakouts their sons have permission to take part in.

### **WHAT IS THE SCHEDULE AND WHAT SHOULD STUDENTS PACK?**

Mantreat begins on Saturday morning at 9am at the Retreat Center and students will need to be picked up on Sunday afternoon at 1pm. We will have 3 worship experiences, 3 small groups, 4 breakouts and 4 meals (students should eat breakfast before they arrive on Saturday) along with some free time options. Students will need to bring a tent or hammock or they can partner with friends in the same tent if parents allow. A full schedule and packing list will be emailed the week before Mantreat.

### **WHAT HAPPENS IF THERE IS BAD WEATHER?**

If we see that there is a high chance of heavy rain and storms before Mantreat, this event will be moved to the Lakewood campus. Students can sleep in The Lodge and we will have a modified schedule of breakouts. If we have bad storms after Mantreat has begun, we will be able to move students inside the Retreat Center for safety until the storms have passed. Most years, weather has not been an issue for us.

## WHAT IS THE SAFETY PLAN THIS YEAR IN LIGHT OF COVID?

As Mantreat is an outdoor event with plenty of room for ventilation and social distancing, we are not having to make many changes for this year. However, there are two important changes we want you to know about:

- We will NOT be providing transportation to the Retreat Center and back this year. Parents will need to bring their sons to Mantreat or make other arrangements for them to get there/back with another student/family. Students who drive are welcome to drive their vehicles to the Retreat Center but they will not be allowed to leave until the event is over.
- As many students share tents at Mantreat, it is up to each family to decide if they would like for their son to stay alone in a tent or if he can stay with friends. Parents need to communicate this to their sons and indicate this on the registration form. Students staying in a tent by themselves will need to bring their own tent (hammocks are fine too).

In addition, here are some of our student safety guidelines this year in light of the pandemic. We will go over other rules and safety expectations at Mantreat.

- **DON'T COME IF YOU'RE SICK** - Do not attend if you have a fever, are feeling sick or have been in close contact with someone who has tested positive for coronavirus. Please take your temperature BEFORE coming to Mantreat.
- **WASH YOUR HANDS** - Be sure to wash your hands often and thoroughly. We also encourage you to use hand sanitizer that will be available.
- **PRACTICE SOCIAL DISTANCING:** Please help us keep everyone safe by maintaining social distancing and refraining from touching anyone else (no handshakes or high 5's). Also, please do not share any food/drinks.
- **MASKS ARE OPTIONAL** - As Mantreat is an outdoor event, we will not be asking students to wear masks but students are welcome to bring and wear one if they would like (or if you as parents prefer this). If you would like for your son to wear a mask during some or all of this event, please discuss this with him ahead of time and share your expectations. However, know that we will not be able to enforce parental masks expectations for individual students.