

# Table Talk MIDDLE SCHOOL

October 13, 2019

## Exodus 1:1-14, Exodus 2:23-25, Exodus 3:1-15, John 8:48-59 —Moses and the Burning Bush

This week, the lesson was entitled “Moses and the Burning Bush,” and it focused on helping students see God as the ultimate deliverer, who hears the cries of His people, and acts to rescue them from the oppression of the Egyptians. We saw that Moses’ role was an echo of Jesus as the perfect redeemer. Just as Moses delivered the Israelites, Jesus delivers His children once and for all from the oppression of sin. Ultimately this lesson teaches the “bigness” of Jesus. Hopefully your teenager was moved by the fact that Jesus is so grand and mighty, and yet loves him or her so personally.

**NEXT STEPS:** During the next week as you have time to talk with your child, consider discussing the following:

- In this week’s lesson, your student discussed life-changing experiences. Take some time to share with your teenager a life changing experience in your life, and how it impacted you.
- One of the truths that your student learned about God in this week’s lesson was that “God is faithful from generation to generation.” Spend a few moments sharing with your child how your family has seen God’s faithfulness through the years. This may be a good opportunity for your teenager to call other relatives from older generations to get their perspective on God’s work.

# Table Talk HIGH SCHOOL

October 13, 2019

## Matthew 26:36-46, Hebrews 5:7 — Jesus and Tough Times

This week, the lesson was entitled “The God Who Listens” and it focused on helping students understand that when they experience tough times, they can and should express their emotions to God in real, honest ways. This is the recounting of how Jesus talked to God in the Garden right before He was arrested. It’s a powerful example of how Jesus called, cried and was open with the Father about how He was feeling.

**NEXT STEPS:** During the next week as you have time to talk with your child, consider asking the following questions:

- This week you talked about how to be honest with God about what you’re feeling. Do you feel like that is easy or hard for you? (It might be helpful for you to share if this is easy or difficult for you personally.)
- Do you feel like hearing more about the way Jesus was honest with God was helpful? Why or why not? Tell me more about that.
- What are you going to do in trying to be more honest with God about the way you are feeling about life.