

## **MORE INFO – VOLLEYBAL**

*Lanier Little League at Lakewood*

Volleyball is open to boys and girls K-5<sup>th</sup> grade.

Lanier Little League (L3) is a recreational volleyball program run by Lanier Volleyball Club in conjunction with Lakewood Baptist Church Recreation Ministry. Focus is on instruction and development of the fundamentals of volleyball: passing, setting, blocking, hitting, serving, and defense, as well as team concepts through instruction and game play. Players are grouped by age where they will train and play with and among their same/similar age peers. L3 athletes practice twice a week and also play in-house matches once per week.

Divisions are typically split Kindergarten-1<sup>st</sup> Grade, 2<sup>nd</sup>-3<sup>rd</sup> Grade, and 4<sup>th</sup>-5<sup>th</sup> Grade. Subject to change depending on registration numbers.

All practices and games are held at Lakewood's Ministry Center.

Practices are formatted as so: Frequent use of small sided games (1 v 1, 2 v 2, 3 v 3), not lines, teaching athletes the game; Time spent with both your athlete's team coach and multiple professional coaches with your athlete's team. Matches are formatted as so: 6 v 6 match play with your child's team; Triple Volley Format (serve, toss, toss); Season ending tournament

### DATES

Evaluations: Thursday, 10/12 (times TBA)

Practices: Mondays & Thursdays – October 16, 19, 23, 26, November 2, 9, 16

Matches: Saturdays 10/28, 11/9, 11/16

End of Season Tournament: Thursday 11/17

### PRICE

Early Bird \$85 (ends 9/1)

Regular price \$100 (ends 9/25)

Late price \$120 (ends 10/5)

Capping participation at 180.